Middle School Mr. Washerstein

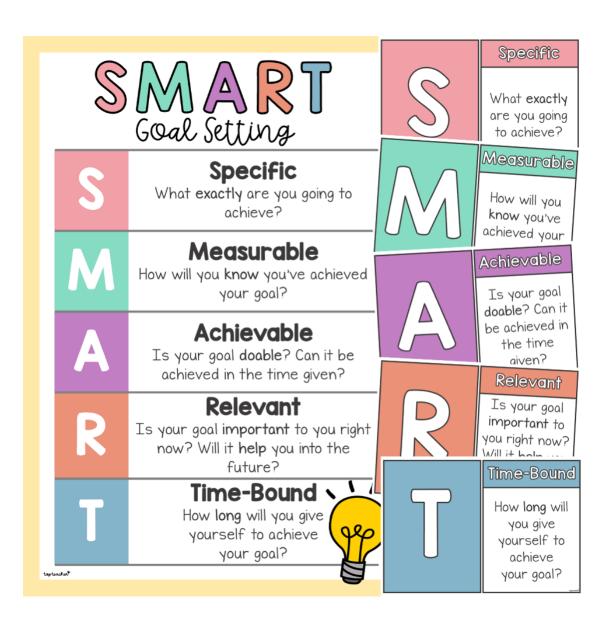
S.M.A.R.T. Goal Setting

Directions: Brainstorm 4-5 S.M.A.R.T. goals that you have for the upcoming year. Think critically about what you would like to improve upon/change in your life.

Requirements:

You must relate at least two goals to school

Example: I would like to learn at least 30 new Hebrew words by the end of December 2023



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My S.M.A.R.T. goal is	Two practical steps I can take to achieve this goal are
My goal is to get into a healthy workout routine by the end of 2023.	 In the mornings I can set two alarms so if I snooze the first one I will have a second reminder to wake up. Get a workout pattern to be more motivated.
Make it into the prem soccer team for the summer season.	 I will add more practice into my workouts every morning. And I will put more effort into my team practice.
Learn the meaning of ten Hebrew words by the end of 2023.	 Once a week I will look into a new Hebrew word. Ask maya B to help me learn faster.
My goal is to get all A's this year for grade 8.	 Make sure to put all my work into my agenda so I don't forget about it. Try to put more effort into all the classes. And try to focus on them one at a time.
Continue working on organizing my school work.	 Using my resource time to get organized. Getting into the habit of checking the homework board every day.